## Exhibitions

Featured Artist in Maison Palo Fall Exhibition at Palo Gallery, New York City	2023
Solo Show "Controlled Telling" at Dunedin Fine Art Center, FL	2023
Featured Artist in "Renew" with Upstate Diary and TOAST, Hudson	2023
Featured Artist in "Homespun" at the Dorsky Museum of Art, SUNY New Paltz	2023
Collaborative Show with L'Impatience Ceramics, <i>Unraveling</i> , The Fuller Building, Kingston	2022
Solo Show: Brutal is the Act of Healing, at Marist College	2022
Featured Artist in Fiber Here and Now! at Union College	2022
Solo Show: Consume Me, Consume Me, Tanja Grunert Gallery, Hudson	2022
Featured Artist in Upstate Diary's Second Annual ART + NATURE + HOME Exhibition	2022
Featured Artist in Ravenwood's Exhibition: "ReGrowth	2022
Featured Artist in Kips Bay Showhouse, Palm Beach	2022
Featured Artist in O+ Festival, Installation: "I Must Like it If I Stay"	2021
Featured Artist in Upstate Diary's First Annual ART + NATURE + HOME Exhibition	2021
Featured Artist at the Pinkwater Gallery, Kingston	2020
Featured Artist at D Day Gallery in Citizen, Woodstock	2020
Featured Artist at the Lockwood Gallery in Smoke Show	2020
Featured Artist in Special Delivery at Beekman 1802 Gallery, Sharon Springs	2019
Solo Show: Fantastic Fibers at Artbar Gallery, Kingston	2019
Featured Artist for Summer Season at Ravenwood Barn	2019
Solo Show: Winter, Clove & Creek, Kingston	2019
Solo Show: Witch Tapestries, Rebecca Peacock, Kingston	2018
Featured Artist in Degrees of Innovation, San Francisco Center for the Book	2017
Solo Show: New Work by Kat Howard, Surface Gallery, Asheville	2016
Featured Artist in Keeping Busy: Five Artists Respond to Henrietta Lambie's Mourning Quilt, c. 1884	2016
Featured Artist in <i>Ideation</i> , Abecedarian Gallery, Denver	2013
Featured Artist in Siberian Self-Publishing Festival, Tomsk, Russia	2013
Graduate Thesis Show, Unbound, Oakland	2013
Installation, Dissection exhibited at Columbia College Chicago	2012
Installation, This is Not a Tent, Mills College	2012

### Collections

Placed in Collection of TOAST, UK	2023
Placed in Private Collection of Farrah Jirdeh-Fonkenell	2022
Placed in Private Collection of Kern Schireson	2022
Placed in Private Collection of Beth Rudin DeWoody's The Bunker Artspace, West Palm Beach	2021
Featured Artist at Lawton Mull, New York City	2021
Featured Artist on Permanent View at the Globe Mill Lofts, Utica	2020
Featured Artist in Transformation: Fiber as Medium, Saatchi Art	2019
Placed in Special Library Collection of University of Nebraska	2017

# Features + Publications + Awards

Interviewed for <u>Upstate Diary</u> Issue No. 17	2023
Haystack Open Studio Artist Residency Recipient	2023
Featured in <u>Architectural Digest</u>	2023
Interviewed for The Praxis Journal, Buenos Aires	2022
Interviewed for <u>Catskill Culture Club</u>	2022
Interviewed for O+ Radio Hour	2021
Interviewed for Cottage Home & Living Magazine	2021
Interviewed for The Professional Weaver Society Podcast	2020
Featured in <u>Architectural Digest</u>	2020
Featured in Chairish	2020
Featured in House Beautiful	2020
Featured and Interviewed for <u>Chronogram - 'By a Thread: Women Fiber Artists in the Hudson Valley'</u>	2020
Interviewed for Field and Supply: Meet the Maker	2020
Featured and Interviewed for In Her Studio Magazine May Issue	2020
Interviewed for Creative Hudson Valley	2020
Poetry and Artwork featured in artist's book <u>Don't Cut Your Hair It's Beautiful,</u> Black Rock Press, UNV, Reno	2020
Featured in Kingston Happenings Radio Interview	2020
Featured and Interviewed for Where Women Create: Mindful Studios Magazine November Issue	2019
Interviewed for Where They Create Blog	2019
Interviewed for the Free Her Spirit Podcast	2019
Interviewed for Houzz	2019
Interviewed for the <u>Unbroken Chain Podcast</u>	2018
Artwork featured in <u>Architectural Digest</u>	2018
Artwork featured in Williams Sonoma	2018
Interviewed for The Common Thread Blog	2018
Interviewed for The Weaving Loom Blog	2016
Artwork featured in <u>Design Sponge</u>	2016
Artwork featured in Darling Magazine: Issue 14	2016
Artwork featured on My Domaine	2016
Featured Artist on Bookbinding Now Podcast with Susan Mills	2016
Poetry featured in Piecework	2015
Featured in Lark Books: 500 Handmade Books Volume 2	2013
Artist-in-Residence, Kala Art Institute	2012
Featured Artist, 2012 SFCB Road Works Printing Festival	2012
Editioned S.O.S. with Zenon Fajfer	2011
Recipient of Annual Brandeis Poetry and Fiction Awards	2006
Featured Poet, Boston Intercollegiate Poetry Festival	2006

KATHOWAR
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#### Education

Mills College, M.F.A.s, Studio Art: Book and Paper Art and Creative Writing: Poetry	2013
Brandeis University, B.A., Majored in Creative Writing, Art History	2006

#### Professional Experience

Guest Lecturer at Union College, Art, Trauma and Healing	2022
Partnered with Design Firm Studio Razavi Architecture	2022
Guest Lecturer and Instructor at Kenyon College, Fibers / Art Department	2021
Featured Artist in partnership with S3 Architecture and Aston Martin Design for Sylvan Rock Residential Project	2020
Special Instructor for The Level Up Project	2020-present
Partnership with Supima Cotton as a Featured Fiber Artist	2020
Weaving Consultant and Prop Maker for Netflix Film: Things Heard and Seen	2019
Featured Artist Speaker at Kingston Arts & Action Meet Up	2019
Resident Artist/Instructor, Kingston Creative Exchange in partnership with Pratt and MAD Workshop	2018-2019
Fiber Art Instructor, Kingston, NY	2016-present
Taught Weaving as part of Volunteer Program for Perfect Ten After School Program	2017-2018
Story Consultant for Documentary Feature Film: The Descendants of Devenishuk	2014-2018
Board Member of the College Book Art Association	2013-2017
Featured Artist at New York State Sheep & Wool Festival	2015
Presented Lecture "The History of the Zine" at Yale University for CBAA conference	2013
Assisted Combat Paper Making Workshop	2012
Presented Lecture "What Makes Successful Public Art?" at Mills College	2012
Assisted Julie Chen at Flying Fish Press	2012
Catalogued Mills College Art Museum textiles	2012
Assistant Curator for The Angel Leaves the House, Mills College Library	2012
Curated The Cuala Press, Mills College Library	2011
Curated Mills College Book Art Gallery	2010-2011
Curated The Visual Studies Workshop: A History, Mills College Library	2010
Founded Book Meat Studio	2009

#### Work Experience

## Mills College, Book Art Department

2010-2013

### Teaching Assistant

- Assisted Julie Chen, Kathleen Walkup and adjunct faculty in teaching various Book Art classes.
- Taught workshops ranging from pamphlet stitch, case binding to tackett binding.
- Taught a variety of lectures ranging from zines to public art.
- Maintained the bindery and helped manage inventory of studio supplies.
- Assisted Book Art Department with coordinating and organizing activities and events

#### Whitney Museum of American Art

2006-2010

#### Manager of Interactive Media

- Promoted the Whitney's exhibitions, live events, film series, education programs, membership and fundraising activities via electronic media.
- Managed all content on whitney.org; designed websites for exhibitions, visiting artists, and the permanent collection.
- Worked directly with visiting artists to develop interactive components for exhibitions.
- Managed production of original online audio/video material.
- Worked to digitally archive the collection's works on paper.